



Soul Fly Buddies – Monthly Meeting Notes



Here are the minutes for the Soul Fly Buddies (SFB) meeting on 24th February 2023



Soul Fly Buddies met on Zoom

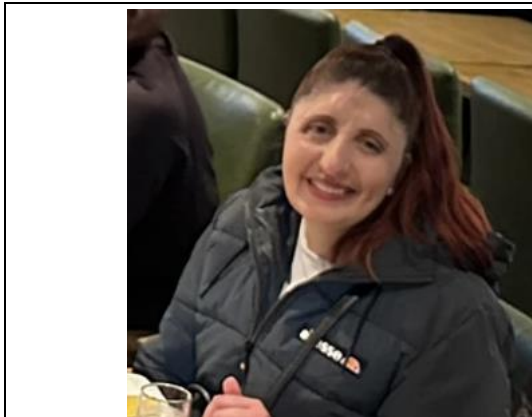


The people that came to the meeting were: Stavros, Joni Lachlan, Audrey, Nalyn, Alex, Yasmin & Chelsea.

Karen could not make it. Jack joined us for half of the meeting.



First, we each shared some good news from our lives!



Next, we welcomed Yasmin to the Soul Fly Buddies group!



Yasmin will be our SFB Western Sydney representative. She has been with Gig Buddies since 2018.

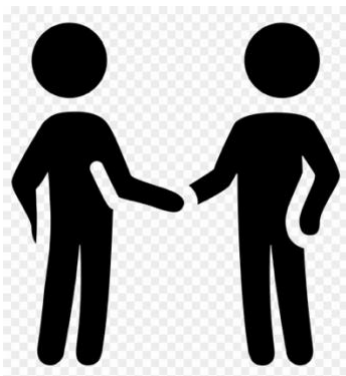
Yasmin has been on advisory panels and committees in the past.



Yasmin wants to

- share her ideas on how to make friends,
- share her experiences while being with Gig Buddies,
- share her lived experience

We look forward to having Yasmin on board! 😊



Next, we talked about ideas for how to make friends at Gig Buddies social events.

We want to come up with some tips that we can share with other buddies.



Audrey said that exercises to help people get to know each other could be helpful.

One of these could be similar to speed dating, where buddies could go around the room with their volunteer and talk to new people one-by-one.



Stavros agreed. He said he liked this idea, and we could call it 'Speed Friending'.



Nalyn said having some questions that people can ask each other might help this.



Some of the questions we came up with are:

- What are you interested in?
- What do you like to do?
- How did you get involved with Gig Buddies?
- How long have you been with Gig Buddies



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Yasmin also said staff could encourage people to introduce themselves at the table and share information about themselves and their interests.



Joni said we could match pairs with other pairs if they have the same interests.

They would have things that they can talk about together and could maybe hang out outside of Gig Buddies social events.



Everyone agreed that these were good ideas.

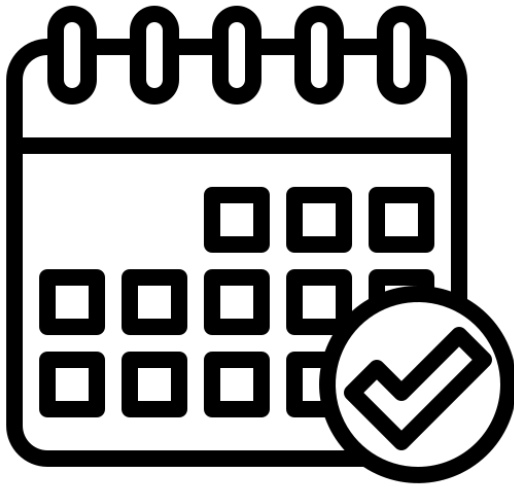
Chelsea will take these back to the Gig Buddies staff team and see what we can work on.



Next we talked about the SFB blog article schedule and decided which month each SFB member would like.



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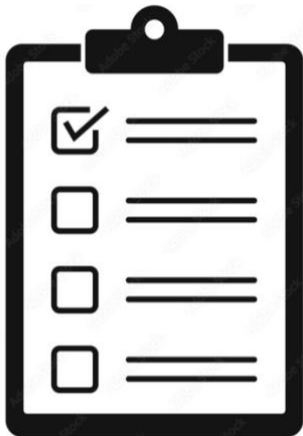
This is the schedule:

March - Nalyn
April - Stavros
May - Lachlan
June – Nalyn
July – Karen
August – Yasmin
September – Joni
October – Audrey
November – Lachlan
December – NO BLOG
January 2024 - Stavros
February 2024 - Jack
March 2024 - Alex



Next, we continued to review the participant application form on the Gig Buddies website.

We talked about ways we can improve it and make it easier for our future buddies to use.



Chelsea is keeping a list of all of the suggestions and will make the changes once we have finished our review.



Chelsea gave an update on the Gig Buddies 8th Birthday event. The Gig Buddies staff team are looking at venues we can hold it at.



Alex had the idea that we could live stream the birthday event, for those who are not able to come.

Chelsea will talk about this with the GB staff team, as we have never done this before.



Joni then asked again about Mardi Gras and if Gig Buddies would be doing it again in the future.

Chelsea said that we would definitely like to be involved in the future and we will start to look into Mardi Gras 2024.



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	<p>The next SFB blog article will be written by Joni.</p> <p>Nalyn's article is due at the end of March 2023.</p>
	<p>Next Soul Fly Meeting</p> <p>When: Friday 31st March 2023</p> <p>Where: Zoom</p> <p>Time: 12:00pm – 1:00pm</p> <p>Thanks for reading!</p>